



Our Deepest Fear

Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond
measure. It is our light, not our darkness, that
most frightens us.

We ask ourselves, Who am I to be brilliant,
gorgeous, handsome, talented, fabulous?

Actually, who are you not to be?

You are a child of God. Your playing small does not
serve the world. There is nothing enlightened
about shrinking so that other people won't feel
insecure around you.

We are all meant to shine, as children do. We were
born to make manifest the glory of God within us.
It is not just in some of us. **It's in all of us.**

And, as we let our own light shine, we consciously
give other people permission to do the same.
As we are liberated from our fear, our presence
automatically liberates others.

by Marianne Williamson,
"A Return to Love"

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